

Croydon Mental Health Support Team



Anxiety Transition Workshop

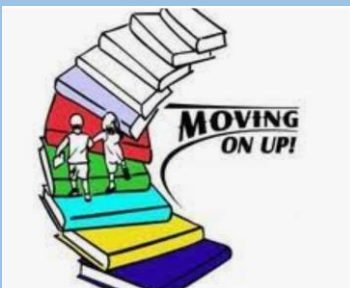
Facilitated by your school's
Education Wellbeing Practitioners

When: Friday 15 October 2021

Time: 10am to 10:50

Where: Click on the zoom link to join

<https://us06web.zoom.us/j/85865662610?pwd=eWRDbDBKZlkdjQ3QXhdZVlviUzVJdz09>



Calling all year 7
parents/carers for an
interactive Transition
Anxiety Workshop!

We provide a safe space to:

- ✓ Talk about fears and worries children face during transition period
- ✓ Listen to other people's experiences
- ✓ Hear what support might be helpful for you over the next few weeks
- ✓ Give tips and strategies which will ensure children have a positive approach to change and enable a smooth transition into year 7.

If you would like more info, please contact:

Anna Robinson

SENCo